

**Shadhika** is a non-profit U.S. foundation whose mission is to assist needy women, children, and their families in India to acquire shelter, education, health care and employment by providing selective financial assistance to social service agencies in India. The name *Shadhika* means "One who has great aspirations."

#### BOARD OF DIRECTORS

Juthica Stangl, President  
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#### Origins

**S**HADHIKA was started in 1990 by Juthica Stangl, a native of Calcutta, currently a resident of California, and was formally incorporated in 1992. Its original purpose was to facilitate the release of women from Calcutta prison's "non-criminal insane" block, and to finance the establishment of a facility where they could start their rehabilitation. In addition to the mentally ill, a significant number of prison inmates were married women who had been deserted or been declared "insane" by their husband's family, in order to end the marriage. Typical reasons for this might be failure to deliver the agreed-upon dowry to the groom, or to produce a male child in time.

Shadhika depends upon individual and corporate donations to maintain and expand its services. Our success to date has been impressive, and with your help we can continue to build on our accomplishments.

*Please mail your contributions to:*  
Shadhika • 1028 Vernier Place • Stanford, CA 94305

**the Shadhika Foundation**  
*a foundation with great aspirations*  
1028 VERNIER PLACE  
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