

March, 2008

Dear Shadhika patron and friend,

Juthica Stangl, driven by the desire to help the poorest of the poor in her native India, founded Shadhika in 1992. That first year we helped nine women in our first project, now in 2008 we contribute to four projects which serve hundreds of women and children. As always, we focus on small 'grass roots' projects with proven, high quality programs and dedicated leadership. Your continued generosity makes it possible for us to help more people every year.



What's at the Mela?

Fantastic Indian food and refreshing beverages
Boutique with exquisite Indian jewelry, clothing, home decorations and more
Another stunning performance by the Chitresh Das Dance Company www.kathak.org
Silent auction of fabulous items

The silent auction includes many attractive items, including vacations, intricate jewelry, luxurious spa treatments, dinner/theater outings etc. Here are a few special ones that are worth some advance planning:

- ❖ A week in the South of France in the charming village of Sinsans
- ❖ A Lake Tahoe weekend in a condo in Carnelian Bay
- ❖ Relaxing on a long weekend in a luxury vacation home in Seattle
- ❖ A week at a beachfront home in Kovalam, India
- ❖ Our most exciting one—**"Dinner for 6"**, at a spectacular Portola Valley home, with local celebrity, newscaster Raj Mathai, of NBC Channel 11 (date to be decided on mutual convenience). Raj, a young and rising star in Bay Area TV, is a most popular, well-respected and well-connected member of the sports community, known for his charming, articulate and knowledgeable delivery of sports news and insight. His stories of great moments and players in the Bay Area sports teams will make it a most memorable event for any sports fan—rope in your friends to help you win this unique opportunity!

Come to the Mela

Date: Sunday April 27, 2008 Avenidas, 450 Bryant St
Time: 3 P.M. to 6 P.M. Palo Alto, CA 94301

Come and mingle with other friends of Shadhika while you munch on tasty Indian snacks, shop for beautiful gifts, watch the amazing Kathak dancers, learn more about our projects and bid on many fun items. *A gentle reminder: the value of the dollar has fallen in recent months, yet it still goes a long way in helping the destitute in India!*

How Shadhika makes a difference

The projects currently supported by Shadhika are in Kolkata (Calcutta), India, and along with providing them with much-needed funding, Shadhika Board members periodically visit them to review and guide their operations.

MONIMALA is a preschool and after-school tutoring program for children whose families are too poor to send them to school. Monimala also works with the mothers of these children, teaching them health and hygiene, and training them in a trade so they can earn money and support their children.

NEW LIGHT began as a child care center and evening school for the children of sex workers. When New Light opened its doors 6 years ago, there were 8 children spending the night. It is now open around the clock, 365 days of the year, and has 152 children enrolled who range in age from 2 to 17.

UDDAMI provides computer and vocational skills training to adolescents and young adults from the poorest families so that they too can participate in India's tech boom.

PARIPURNATA provides transitional housing and vocational training for women discharged from psychiatric hospitals and unable to return to their families, and includes the unique service of follow up care after rehabilitation.

Please visit our website www.shadhika.org for more information and an enlightening video of the projects and the impact they have on their communities.



How your contribution helps

Shadhika continues to be a zero overhead foundation. Your entire contribution goes directly to the projects to help needy Indian women and children.

Here are some examples of how your donations can help:

- ❖ \$60 will support one child in school for 3 months
- ❖ \$120 will support 3 months of rehabilitation for one woman
- ❖ \$600 will provide 2 meals a day for 25 children for 1 month
- ❖ \$900 will make 2 orphan teenagers employable through vocational training

Can't make it to Mela?

You can make a donation to Shadhika at anytime online by credit card/PayPal at www.shadhika.org. or by check made payable to the Shadhika Foundation.

The Shadhika Foundation
3790 El Camino Real, Palo Alto, CA 94306

All contributions are tax deductible.
Our tax ID number is 77-0344785.

The Shadhika Foundation Board

Juthica Stangl, *President* • Monika Agarwal • Julie Basu • Clifford Colvin
Gitty Godrej Dhingra • Sree Gupta, *Treasurer* • Sharon Hofstedt • Jo Owen
Usha Sekar, *Exec. Director* • Maureen Sheehan
Peter Stangl, *Exec. Director*

Join us for the Mela!

We cordially invite you, your family and friends to join us at our annual Mela, the fun get-together that is also the primary fundraiser for Shadhika.

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